


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>2300 Pool Road Grapevine, TX 76051 817-421-0220</p>	<p><b>Location Keys</b></p> <p>Activity Room AR Atrium A Chapel Ch Dining Room DR Library L Movie Room MR</p>		<p> Be Adventurous  Be Challenged  Be Connected  Be Family  Be Inspired  Be Social  Be Well</p>		<p>9:30  Mass: Good Shepherd Catholic Church [Ch] <b>1</b> 9:30  Mass: Good Shepherd Catholic Church [Ch] 10:00  Morning Stretch [AR] 2:00  Beanbag Baseball [AR] 3:00  Dominos - w/ Alta M. [AR] 4:00  Happy Hour &amp; Health Informational Seminar: Sponsored by Secure National Insurance [AR]</p>	<p>11:30  Crochet &amp; Knitting Group [L] <b>2</b> 2:00  Indoor Scavenger Hunt (Please see the Manager on Duty for Handout) [AR] 4:00  Meditative Art [AR] 6:30  Solstice Book Club [L]</p>
<p><b>Daylight Saving Time Begins</b> <b>3</b></p> <p>9:15  First Baptist Church Service [Ch] 10:30  Communion Service: Good Shepherd Catholic [Ch] 2:00  Board Games [AR] 4:00  UNO Competitions [AR]</p>	<p>10:00  Chair Yoga Mondays [AR] <b>4</b> 11:30  Brain Games/ Uno/ Phase 10 [AR] 2:00  Manicures w/ Dina [AR] 3:00  Bingo \$0.25 [AR] 6:30  Mexican Train Domino's- Led by Sue O [AR]</p>	<p><b>Election Day</b> <b>5</b></p> <p>10:00  Move It Exercise with Care Partners [AR] 10:30  Blood Pressure Check with Care Partners [AR] 11:30  Washers w/ Care Partners [AR] 3:00  Pokeno [AR] 6:15  Bible Study w/ Elder Larry Norton [Ch]</p>	<p>9:45  Shopping - Wal-Mart [A] <b>6</b> 2:00  Bean Bag Baseball [AR] 3:00  Bingo \$0.25 [AR] 4:00  Movie Matinee [AR] 6:30  Wined Down Wednesday [DR]</p>	<p>10:00  Move It Exercise with Care Partners [AR] <b>7</b> 10:30  Blood Pressure Check with Care Partners [AR] 11:30  Golf Putting w/ Care Partners [AR] 2:00  Silver Derby Horse Races [AR] 3:00  Pokeno [AR]</p>	<p>10:00  Morning Stretch [AR] <b>8</b> 11:00  Beauty &amp; Mimosas Social [AR] 2:00  Beanbag Baseball [AR] 3:00  Dominos - w/ Alta M. [AR] 4:00  Happy Hour [AR] 6:30  Mexican Train Domino's- Led by Sue O [AR]</p>	<p>11:30  Crochet &amp; Knitting Group [L] <b>9</b> 2:00  Indoor Scavenger Hunt (Please see the Manager on Duty for Handout) [AR] 4:00  Jig-Saw Puzzles [AR] 6:30  Movie Matinee [MR]</p>
<p>9:15  First Baptist Church Service [Ch] <b>10</b> 10:30  Communion Service: Good Shepherd Catholic [Ch] 2:00  Board Games [AR] 4:00  UNO Competitions [AR]</p>	<p><b>Veterans Day</b> <b>11</b></p> <p>10:00  Chair Yoga Mondays [AR] 11:30  Brain Games/ Uno/ Phase 10 [AR] 2:00  Activity Planning Meeting [AR] 2:00  Manicures w/ Dina [AR] 3:00  Bingo \$0.25 [AR] 6:30  Mexican Train Domino's- Led by Sue O [AR]</p>	<p>10:00  Move It Exercise with Care Partners [AR] <b>12</b> 10:30  Blood Pressure Check with Care Partners [AR] 11:30  Washers w/ Care Partners [AR] 2:00  Arts &amp; Crafts- Canvas Painting [AR] 3:00  Pokeno [AR] 6:15  Bible Study w/ Elder Larry Norton [Ch]</p>	<p>9:45  Shopping - Target [A] <b>13</b> 1:00  Trip to Fort Worth Aviation Museum \$5 per person 2:00  Independent Horseshoes [AR] 3:00  Bingo Blitz \$0.25 [AR] 4:00  Movie Matinee [AR] 6:30  Wined Down Wednesday [DR]</p>	<p>10:00  Move It Exercise with Care Partners [AR] <b>14</b> 10:30  Blood Pressure Check with Care Partners [AR] 11:30  Golf Putting w/ Care Partners [AR] 2:00  Food for Thought with Chef Lex [AR] 3:00  Pokeno [AR]</p>	<p>10:00  Morning Stretch [AR] <b>15</b> 11:00  Doni Banging Bling (Paparazzi Jewelry) [A] 11:00  Stations of the Cross [Ch] 11:30  OUT TO EAT LUNCH BUNCH: HWY 55 BURGERS, FRIES, &amp; SHAKES! 2:00  Beanbag Baseball [AR] 3:00  Dominos - w/ Alta M. [AR] 4:00  Happy Hour [AR] 6:30  Mexican Train Domino's- Led by Sue O [AR]</p>	<p>11:30  Crochet &amp; Knitting Group [L] <b>16</b> 2:00  Indoor Scavenger Hunt (Please see the Manager on Duty for Handout) [AR] 4:00  Meditative Art [AR] 6:30  Solstice Book Club [L]</p>
<p>9:15  First Baptist Church Service [Ch] <b>17</b> 10:30  Communion Service: Good Shepherd Catholic [Ch] 2:00  Board Games [AR] 4:00  UNO Competitions [AR]</p>	<p>10:00  Chair Yoga Mondays [AR] <b>18</b> 11:30  Brain Games/ Uno/ Phase 10 [AR] 2:00  Manicures w/ Dina [AR] 3:00  Bingo \$0.25 [AR] 6:30  Mexican Train Domino's- Led by Sue O [AR]</p>	<p>10:00  Move It Exercise with Care Partners [AR] <b>19</b> 10:30  Blood Pressure Check with Care Partners [AR] 11:30  Washers w/ Care Partners [AR] 3:00  Pokeno [AR] 6:15  Bible Study w/ Elder Larry Norton [Ch]</p>	<p>9:45  Shopping - Wal-Mart [A] <b>20</b> 2:00  Bean Bag Baseball [AR] 3:00  Bingo \$0.25 [AR] 4:00  Solstice Talent Show! [AR] 6:30  Wined Down Wednesday [DR]</p>	<p>10:00  Move It Exercise with Care Partners [AR] <b>21</b> 10:30  Blood Pressure Check with Care Partners [AR] 11:30  Golf Putting w/ Care Partners [AR] 12:00 Thanksgiving Lunch Prepared by Chef Lex 2:00  Silver Derby Horse Races [AR] 3:00  Pokeno [AR]</p>	<p>10:00  Morning Stretch [AR] <b>22</b> 2:00  Comedy &amp; Magic Show w/ Mr. Russell Turner [AR] 3:00  Dominos - w/ Alta M. [AR] 4:00  Beanbag Baseball [AR] 6:30  Mexican Train Domino's- Led by Sue O [AR]</p>	<p>11:30  Crochet &amp; Knitting Group [L] <b>23</b> 2:00  Indoor Scavenger Hunt (Please see the Manager on Duty for Handout) [AR] 4:00  Jig-Saw Puzzles [AR] 6:30  Movie Matinee [MR]</p>
<p>9:15  First Baptist Church Service [Ch] <b>24</b> 10:30  Communion Service: Good Shepherd Catholic [Ch] 2:00  Board Games [AR] 4:00  UNO Competitions [AR]</p>	<p>10:00  Chair Yoga Mondays [AR] <b>25</b> 11:30  Brain Games/ Uno/ Phase 10 [AR] 2:00  Manicures w/ Dina [AR] 3:00  Bingo \$0.25 [AR] 6:30  Mexican Train Domino's- Led by Sue O [AR]</p>	<p>10:00  Move It Exercise with Care Partners [AR] <b>26</b> 10:00  Stretching [AR] 10:30  Blood Pressure Check with Care Partners [AR] 11:30  Washers w/ Care Partners [AR] 2:00  Arts &amp; Crafts- Wreath Making 3:00  Pokeno [AR] 6:15  Bible Study w/ Elder Larry Norton [Ch]</p>	<p>9:45  Shopping - Dollar Tree [A] <b>27</b> 2:00  Bean Bag Baseball [AR] 3:00  Bingo \$0.25 [AR] 4:00  Movie Matinee [AR] 6:30  Wined Down Wednesday [DR]</p>	<p><b>Thanksgiving</b> <b>28</b></p> <p>10:00  Move It Exercise with Care Partners [AR] 10:30  Blood Pressure Check with Care Partners [AR] 11:30  Golf Putting w/ Care Partners [AR] 3:00  Pokeno [AR]</p>	<p>10:00  Morning Stretch [AR] <b>29</b> 2:00  Beanbag Baseball [AR] 3:00  Dominos - w/ Alta M. [AR] 4:00  Happy Hour [AR] 4:00  This is Your Life Party [AR] 6:30  Mexican Train Domino's- Led by Sue O [AR]</p>	<p>11:30  Crochet &amp; Knitting Group [L] <b>30</b> 2:00  Indoor Scavenger Hunt (Please see the Manager on Duty for Handout) [AR] 4:00  Meditative Art [AR] 6:30  Solstice Book Club [L]</p>